Winchcombe Hill Climb
(approx 10k)
and Sudeley Fun Run
(approx 5k)

Organised in association with Winchcombe Country Show on 31 August
Licence applied for

Sunday 30 August 2009 10.30 am
Sudeley Castle, Winchcombe
(by kind permission of Lady Ashcombe)

Mainly off road courses, multi-terrain
10k route climbs over 500 feet to the Neolithic long barrow Belas Knap with spectacular views. Age 15 and over only

5k Sudeley Fun Run is suitable for all abilities and ages

Not suitable for wheelchairs. Toilets available, no showers
First Aid, drink station for 10k, marshalls on course. Free parking

Trophies and race mementos

ENTRY FEES
10k - £5 club affiliated, £7 unattached in advance
£7/£9 on the day (by 10.00am)
5k - £3 entries on the day only (by 10.00am)
Children 12 and under FREE
(children under 13 must be accompanied by an adult)

All proceeds to Winchcombe Country Show, for the local community

----------cut here

Entry form for 10k only

Name…….. Male/Female……

Address…… Age on day ……..

…… ……

E-mail address…… Affiliated Club……

I enclose £…….. Emergency telephone number on the day……

Declaration: I declare that I am medically fit and understand that I run/walk at my own risk and that the organisers will in no way be held responsible for injury, illness, accident or damage sustained by me as a consequence of my participation in the above event.

Signed…… Date……

NB Parent/Guardian signature required for entrants under 16

Please return to; Ellen Kenny, Race Secretary, 55 Gloucester Street, Winchcombe, Glos, GL54 5LX ellenkenny2000@yahoo.co.uk Tel 01242 604895
by 28 August 2009
Cheques payable to Winchcombe Flower Show Association
Your entry will be acknowledged by e-mail only and race numbers will be provided on the day
(Limited entries for 10k on the day up to 10.00am. Combined maximum for both routes is 150)